

# Physical Therapy Plan-of-Care Follow-Up Pack

A free follow-up pack for physical therapy clinics that want stronger plan-of-care completion, fewer drop-offs, and cleaner visit recovery.

Physical therapists, clinic managers, schedulers, and patient coordinators

## GUIDE

A free follow-up pack for physical therapy clinics that want stronger plan-of-care completion, fewer drop-offs, and cleaner visit recovery.

## WHAT THIS ASSET COVERS

- Follow-up language for patients who dropped off mid-plan
- A short cadence for rescheduling and visit recovery
- Prompts for plan-of-care completion and next-step clarity

## USE THIS WHEN

1. Patients stop attending before the plan is done
2. The clinic wants stronger schedule recovery
3. Therapists and schedulers need a cleaner follow-up structure

## WORKING ASSET

### USE FOR

- patients who stopped attending mid-plan
- visits that need to be recovered fast
- schedule softness from unfinished care

## CADENCE

- day 1: reschedule message
- day 4: call attempt
- day 8: final follow-up

## **TRACK**

- plan status
- remaining visits
- next step owner

## **DEPLOYMENT NOTES**

### **HOW STRONG TEAMS ACTUALLY USE THIS ASSET**

- Assign one accountable owner instead of letting "Physical Therapy Plan-of-Care Follow-Up Pack" become shared but unmanaged work.
- Use it with physical therapists, clinic managers, schedulers, and patient coordinators in a weekly rhythm so the asset drives decisions rather than sitting in a folder.
- Decide in advance what counts as green, watch, and red performance so the team knows when to escalate.
- Capture learnings directly in the document every week so the asset becomes smarter over time instead of resetting to zero.

### **HOW TO GET STRONGER OUTPUTS FROM MODERN AI MODELS**

- Start with a compact context packet: business type, customer situation, service offered, tone guardrails, and any facts the model must preserve.
- State the deliverable shape up front: channel, word count, required fields, and the exact output format you want back.
- Use variables and clear delimiters so the prompt can be reused safely by staff without rewriting the entire instruction every time.
- Include one strong example when tone and structure matter, then ask for a final answer only rather than hidden reasoning.
- Add a final self-check step for compliance, specificity, and whether the response actually sounds like a real operator wrote it.

### **BEST DEPLOYMENT SEQUENCE**

- Patients stop attending before the plan is done
- The clinic wants stronger schedule recovery
- Therapists and schedulers need a cleaner follow-up structure

## **WHAT SEPARATES A SERIOUS VERSION FROM A BASIC TEMPLATE**

- Clear ownership for every step, not generic advice without accountability.
- Targets, thresholds, or decision rules that tell the team what good looks like.
- Specific working components: Follow-up language for patients who dropped off mid-plan, A short cadence for rescheduling and visit recovery, Prompts for plan-of-care completion and next-step clarity.
- A built-in review cadence so the document becomes part of operations rather than a one-time download.